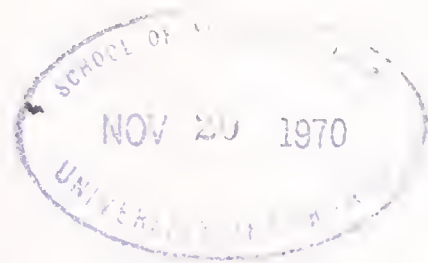


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A TRIP TO JAPAN AND EXPO ' 70

The McMaster University study tour group arrived in Tokyo on May 10 th., after a flight via the land of the midnight sun-(Alaska). The purpose of the group was to study Japanese life, with the help of accompanying professors.

Immediately we set off on a trip along the blue Pacific to Atami. Atami is like Niagara Falls, a Honeymooners' Paradise, minus the falls. As soon as we entered the hotel our shoes were removed and we were given slippers and kimonos. Each hotel has kimonos with a particular design on it for that hotel. We were expected to change into kimonos at all times when we were in the hotel. The room I am about to describe was typical of the Japanese style room in which we stayed. The floor was covered with bamboo mats. In the centre of the room was a low table and on it was a thermos (of green tea) and some Japanese style dishes. A small refrigerator in the corner of the room contained beverages and snacks for us to use at our pleasure. There were no chairs, therefore we had to sit on the floor. Behind the table was a rice paper partition. When opened, it revealed an elevated platform about six inches high. This floor was again covered with bamboo mats. This was where we slept. There were no beds. Mats were spread over the bamboo and we slept on these mats. Our pillows were the shape of a concrete block, and felt like one! They were filled with rice straw. In the sleeping area you do not wear slippers. We had to leave them outside the platform.

Japanese meals consist of fish, seaweed, and rice. The fish was usually uncooked-- raw eel, octopus, different kinds of fish-- all of which were eaten with chop sticks. There is very little meat as there is not much land on which to graze cattle in Japan.

Some of the highlights of the trip were my different journeys on the Bullet Train. This is the fastest train in the world. Altho it travels at 131 m.p.h., the trip is as smooth as velvet. In fact, the seats are covered in velvet! The train runs every 20 minutes between Tokyo and Osaka at present. This would be equivalent to Toronto-Montreal. It stops only 5 minutes at each terminal stop, and 1 minute at intervening stops. You have to hold reserved seats

on this train and be at the correct part of the station platform to get on the right coach. From this train you can see an excellent "bird's eye" view of Japan. The country is 75% mountains. Due to the large population, not one bit of land is wasted. They farm up into the mountains- orange groves, tea groves etc. In the flat land they have rice paddies. Here, all members of the family work. The women are mid-calf deep in water and constantly bent over, planting the stocks. This back-breaking work goes on from 5-6 am., until 4-5 p.m., only stopping at mealtime. Some women have babies tied to their backs while they are doing this. In Japan it is daylight by 4 am. and dark by 6 p.m., at least in the month of May when we were there.

Some of us in the party had an audience with the Governor of the Protectory(Province) of Osaka, a Mr. Sato. He told us about his Protectory and we were invited to lunch and a tour of the city of Osaka. This city is the centre of industry and commerce in Japan. It was also the site of Expo 70.

In Kyoto, two of us were presented to the Mayor. He presented us with the ceremonial keys to the city. We were also given miniature keys by the city as souvenirs. Kyoto is the sixth largest city in Japan and one of the ancient capitals of the country. It is the religious centre of Japan.

Canada Day Expo 70 was an exciting day for all Canadians. The Prime Minister was there, as well as other government officials. For the Japanese people, the R.C.M.P. musical ride was a thrilling sight. The Canadian Pavilion with its 30,000 mirrors was judged to be the best pavilion at Expo 70. It was one of which we can all be very proud.

Mt. Fuji is a very special mountain to the Japanese. Each Japanese boy must climb Mt. Fuji at least once in his lifetime. The snow-covered top of Mt. Fuji is only visible from the ground 17 days of the year. There is a saying in regard to tourists, that if you see the top you will return to Japan. I saw the top on four different occasions. Looks like I will be returning to Japan--with pleasure!

Doreen Wilson P.B.III

COMMENT!

As a student who has spent three +++ years in this school and who has, as it appears now, spent too damn much time on various projects around the school, I would like to take this final opportunity in my final year to thank my loyal supporters of my final project. --- To you who comprise well under 1/2 the school - Thank-you! What I have to say, however, is directed to the majority of the students in this school. Maybe enough people don't let you know what happens to so many projects around here. You hear about the aims, you notice somebody asking for your help and you never hear the results. Well, if you were observant enough to notice or interested enough to ask, you would know about the fudge drive that makes \$18 towards the formal (enough to pay one bartender), or the chocolate bar drive which makes 1/2 of what is hoped and that 1/2 comes as a result of one hard working girl who, for four weeks, beats everybody that walks past her with a yummy half-pound of World's Finest WITH ALMONDS! Or what about the \$1,000 advertising goal for the year book? Have you noticed the thermometer that's been in the lounge for one month still registering '0'? How about the passports to Toronto - they're to raise money to pull the yearbook out of a \$400 debt from last year so the 4-man committee can produce another one this year. Or how about those people who are crying because there's a limit on the number of tickets that can be sold at the formal this year - did you happen to know that after all the squeezing and begging and pinching and running and organizing that went into arranging the formal last year 60 people out of a school of over 400 went. There's more but I'm probably just writing for a bunch of apathetic readers who aren't the least bit interested or concerned. What I really want to tell everybody because I'm not going to protect anybody's little ego by keeping this a secret - 'The Drop in the Bucket Campaign' received in donations from the School of Nursing, University of Toronto, an unimpressive \$61.97 - I won't bother to name all the little things that each of us in this country wastes 25¢ on every day and it probably wouldn't make anybody understand any better if they knew how much food in the way of education it would produce for some starving little kiddie in India because WE JUST DON'T CARE!

A disillusioned worker.

Anyone who did not receive a yearbook last year and who has a receipt to verify this, please give your receipt to your yearbook representative.

Also, any help you can give with advertisements will be greatly appreciated. Even two \$60.00 ads/class is \$120.00 per class (gee, Joy can multiply) And think about the \$15.00 sponsor pages too.

Peace,
the Yearbook Staff and Joy.

Students' Council

Monday, Nov. 16th

We finally have representatives from Post Basic I and Public Health. Welcome to Diane Johnson and Daphne Chase who, we hope, will help get their respective classes interested and involved in school activities and help them feel more a part of the School of Nursing.

The Students' Council phone lists have finally been typed up and if any of the committee chairman or anyone else who is interested wants one, please contact me at 964-0177.

Announcement: There is a nurse at The Treatment Centre, 12 Madison, who is in charge of public education from there. If anyone is interested in drugs and drug abuse - any aspect - she will be glad to help; ie. class seminars, tours of the centre, reading material, individual interviews. Please contact Sharon Rimmer, B II for further information.

The school constitution was ratified and will be typed up for the next meeting. A copy will soon be in the library.

Louise Allen,
Secretary,
B IV.

FOR YOUR INFORMATION:

The System of Applying for a Loan or Grant from the School of Nursing

1. The student should pick up an application form from the School Secretary.
2. The School Secretary will give the student a list of the Awards Committee members and suggest to her that she arrange an appointment to discuss her need with one of the members whom she will choose.
3. The student will then, after arranging an appointment, take her completed application form to the interview.
4. After being interviewed by a committee member, the student's request will be presented to the Awards Committee. If she is recommended for an award or loan she will be notified as soon as possible.

Ed. Note: Thanks for using the PULSE. Wish more committees would follow suit.

Glug! Glug!

Swimming, swimming in a swimming pool,
Days are cold, days are hot in a swimming pool.
Breast stroke, side stroke, fancy diving too,
Oh, don't you wish you never had anything else to do!

Five nursing belles (Kathy Blackburn, Ainslie Gray, Sue A'Court, Vera Isaac Faye Hockaday) took to the water on Nov. 5 to represent the S. of N. in the interfaculty swim meet. Kathy Blackburn finished second in the butterfly and third in the backstroke. Our relay team finished third in the freestyle relay and fourth in the medley relay. The highlight of the evening was when Vera and Faye nearly drowned during the rescue race. We had a great time and we hope to see a better turn-out next year.

Faye Hockaday,
Basic IV.

HELP!! HELP!! We need hockey players of any size, shape or form. In order to play we must have 8 girls. Are there 8 people in this school who can come out Monday, November 30 at 3:00 - 4:00, Varsity Arena? For further info, contact Me at 964-0177.

Jane Underwood, B IV.

BLUE

Many belated thanks to everyone who lent a hand to the building of the School of Nursing's fabulous float. The throngs along Yonge Street loved it. Our condolences to Joy Bazar on the loss of her orange crate.

GOLD

Sneezles is coming, are you?!!

Tickets are available at the School of Nursing, outside Cody Hall between noon and 2 o'clock p.m. every day for the next two weeks.

Come and see the NURSES (and friends) put on a fun-filled evening of entertainment on Friday, Nov. 27th and Saturday, Nov. 28th at 8 o'clock p.m. sharp in Cody Hall.

Adults: \$1.50 Children: \$1.00
(under 14 yrs)

HARD WORK
MAKES

A GOOD SHOW.

Dear Lucy

Are you the fat-head who gave the creep in engineering my name? If so thanks, piles of thanks for "othing!

Signed
Cute Little Ped-headed girl

Dear Red

Yeah, I gave that 'creep' your name and if you want to fight about it I'll whpp you in arm-wrestling any time you want.

Lucy

Dear Lucy

How did you get your job?

Signed
Curious-Nurse

Dear Curious-Nurse

I got this job because the staff of the Pulse realized what great understanding and sympathy I have for all man-kind! Besides that I am (as you must know) graciously endowed with a wealth of knowledge about people. I also am noted for my great problem-solving techniques. I'm so great-how could they not pick me for the job?!

Lucy

P.S. I'm also noted for my modesty.

Confidential to Dropped-In-the-Bucket

Well, you silly goose if you hadn't gone on that crash diet you wouldn't have been able to slide in with the quarters. But don't start eating now or you'll break the bucket and the Orientation rep will have to collect all the spilled money. And you know she hates collecting things she can't keep!

THE UNSHAVED LEG

by Vivienne Gornall

Do big bikes turn you on? Then you'll probably
go for what follows!

Terrible, a complete jolting shock
of
acceleration, a sudden orgiastic
pause-whoooooop-pause-whoooooop
for the grass and
suddenly all the trees get closer,
faster
wind tears at clothes, distorts
cheeks, pulls at eyes
body thrown back and forth like
dying
and being reborn

To float between rows of
nightshaded trees, passing through
currents of warm-cold
air, unseen rivers, scents of
pine and eucalyptus, the speedometer-
tachometer
softly-lit indicators, spiritual
guides
to the unseen world

A little taste of deathwish
Spices the dull day; when I come
in with
wind, dust, noise, smoke
still echoing my ears and burning
my face
a little death
comes in with me.

C. Ray Mann

Special to the PULSE: There will be a very important SHOUT meeting next
Friday, Nov. 27 from 4 p.m. - 6 p.m. in the lounge.
This is for every SHOUT nurse, but especially for
those who were unable to make it to the Sunday
meeting. It is hoped that those girls in B III who
are in clinical until 4 p.m. will be able to get
back to the school as soon as possible.

